



## BERRY COLLEGE PARENT NEWSLETTER | SEPTEMBER 2022

### MOUNTAIN DAY 2022: A Grand Ole Time

Since its inception, Berry College has been steeped in rich traditions that unite its community and remind us of Martha Berry's mission to provide educational opportunities for students of all backgrounds. Mountain Day is our signature event created to celebrate the birthday of Berry College's founder, Martha Berry. Students, families, and alumni are invited to campus on October 7-9, 2022 to participate in the weekend's festivities! Click below to view the full Mountain Day schedule, and be sure to join us on the Mountain to watch the Grand March!

[Full Mountain Day Details](#)

### Counseling Center Offers Training for Parents

The Berry College Counseling Center provides all Berry students with mental health, outreach, and prevention services. The counseling center team is committed to providing mental healthcare that is sensitive and respectful of the needs of our diverse students by providing a safe, inclusive, and affirming environment. We support students in addressing any concerns that may hinder them from thriving and being successful in their college life.

We offer Individual Counseling, Same-day Solution Sessions, Group Counseling, Workshops/Outreach, Peer Wellness Coaching, Emotional Wisdom Workshops, Crisis



### Student Care Packages

The Berry College Student Government Association offers a baked goods care package program to help your student feel at home. Orders can be placed on Tuesdays or Thursdays. All proceeds go to services for Berry students.

[Care Package  
Order Form](#)

### Important Dates

**Oct. 7-9** Mountain Day Weekend

**Oct. 15-18** Fall Weekend, No classes

**Oct. 24-28** Advisement, Week 1

**Oct. 31-Nov. 11** Advisement, Week 2

**Nov. 23-25** Thanksgiving

Resources, and QPR Suicide Prevention Training.

### **September is Suicide Prevention Awareness Month**

National statistics list suicide as the second leading cause of death in adolescents ages 15-24.

Berry College is the recipient of the Campus Suicide Prevention grant through the Substance Abuse and Mental Health Services Administration (SAMHSA). As a result of the grant, seventeen suicide prevention instructors completed the QPR (Question. Persuade. Refer.) Gatekeeper course to provide suicide prevention training at Berry. These instructors have facilitated training for most of the student leaders on campus. Due to these trainings over 100 students, faculty, and staff are now certified in Suicide Prevention through QPR.

We want to offer parents an opportunity to participate and partner with us! **Please join us for the Berry Parent Virtual QPR Suicide Prevention Training on Friday, September 23rd, at 12 pm – 1 pm EST.** To sign up, please reach out to the Suicide Prevention Project Director, Majonica Askew, LPC at [maskew@berry.edu](mailto:maskew@berry.edu).

To learn more about campus mental health resources, visit the [Berry College Counseling Center webpage](#).

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## **Solidarity Week 2022**

Solidarity Week is an annual student-led program aimed at acknowledging, educating, and celebrating diversity on campus. The theme of Solidarity Week this year is *Radical Empathy*. Programming will inspire community members to strive toward better understanding the feelings, experiences, and stories of others. Practicing radical empathy is one step towards building a good neighbor culture and a culture of belonging across campus. Solidarity Week will take place September 18-23, and all students, faculty, and staff are invited to participate.

Learn more by viewing the [Solidarity Week program catalog](#).

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Break, No classes

**Dec. 2** Last Day of Classes

**Dec. 5-9** Final Exams

**Dec. 9** Residence halls close at 6 pm for Winter Break



## **Upcoming Student Events**

**Sept. 13** SGA Meeting

**Sept. 15 & 16** Paddle Down the Etowah

**Sept. 16** Pack the House for Men's Soccer

**Sept. 17** Karaoke Night with KCAB

**Sept. 18-23** Solidarity Week

**Sept. 24** Bouldering at Rocktown

**Sept. 27** SGA Meeting

**Sept. 30** Residence Life Late Night

**Campus Event Calendar**

## 2022-2023 Academic Calendar

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